



A Quarterly Publication of Ladies 327, Inc.





#SUPPORTLOCAL

About Us:

- 1. Encourage fellowship, camaraderie, and friendship to women who request membership and meet the membership criteria via regularly scheduled monthly activities including, but not limited to, group lunches/dinners/other functions of general interest.
- Support and shop local small business with scheduled activities and everyday life.
- 3. Support and assist other 501(c)3 charitable organizations in achieving their proprietary goals through advertisement, participation, think tank activity, monetary contributions, and any other legal enterprise that may be beneficial to those entities.

Notice:

Thank you for choosing to be part of our community. We are committed to protecting your information and your right to privacy. If you have any questions or concerns about this privacy notice or our practice with regards to your personal information, please contact admin@ladies327.org

Credits:

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CONNECTIONS is a FREE quarterly publication. It will help you stay up to date on upcoming events, local programs, and what our Non-Profits are doing for the community CONNECTIONS is available in digital & printed format.

THANK YOU to our advertisers. You are helping to support these programs

Our Board of Directors are responsible

for overseeing all the organization's activities.

Our board members are 100% volunteer



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Royal Support Services, Inc.
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Whether you joined us for dinner at Cattle Ranch, attended the Mardi Gras parade, shopped a Block Party, or joined us at our Craft & Vendor Market, you can see it. There is something different in the air. Is it our updated look, perhaps our new offices, or maybe all the fresh faces you have been seeing at our meetings & events lately? Ask any member of our Board of Directors and they will tell you...we think, the difference is you!

The way our members have showed up already in 2022 is just astounding. We welcomed 27 women to our very first Member ALL CALL in January, 30 women to our Sunday Funday at Airport Lanes, 40 women to our Valentines Women's Leadership Lunch and our volunteers have donated over 200 volunteer hours to local charities and events. If this is any indication of the year ahead, ladies we are in for one amazing year!

So, I invite you...if you haven't joined us yet or maybe it's been a while, come check us out. The Member ALL CALL is a great way to learn how we started, where we are, where we are going and how you can plug in to this incredible group of local women: supporting local business and serving our

community, all while enjoying each other's company. Stop by one of our many events and say "hi" ...we look forward to welcoming in this new season, with YOU!

Kim Colegrove, President

PS... You will NOT want to miss our first annual Women's Expo, IGNITE 2022 on May 14!! This is shaping up to be an event like none other. See the CONNECTIONS back cover for more information!



Thank You Sponsors

















CELERY CITY CRAFT Sanford, 3L





Meet Our Non-Profit Partner:





Our Mission Is Simple:

Our children's abilities are what sets them apart from their typical peers. However, having a disability does not mean our children cannot be viable members of society. With proper training and public understanding, they can participate in many positions in the workforce, social events, and public speaking. In living their lives, they educate others daily.

Our philosophy is straight forward:

- Enhance the quality of life for all special seeds individuals in our community.
- Educate community on the unique abilities our special needs children possess.
- Provide social activities for our special needs children along with all children in our community to promote understanding and circumnavigate bullying in our local schools.

Special Needs Advocacy Program, Inc. was designed to provide support and services to young adults with developmental disabilities in late 2010. Our focus initially was to enhance the lives of young people aging out of the school system, giving them a purpose. Ironically, over the past ten years, our program has changed significantly to what we are today because of the community's varying needs. Today we offer support, advocacy, and one on one counseling for at-risk youth whether they've been diagnosed with a disability or not. With all the crazy in the world today, we are prepared to transform to the needs of our Special Needs Community for years to come. If you or someone you know needs support with an individual with a disability or an at-risk teen needing counseling, please reach out to us.



Please Like & Follow Special Needs Advocacy Program on social media

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- · Adult day care

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- Physician assistance services once a week
- · Clinical research assistant information
- Pharmacy
- Manicures, pedicures, and salon services

We celebrate life in every way we can. Allow us to help you with your journey!



Did you start this year all full of fire and possibilities only to have the weight of the world dim your flame? I get it girl...things are sorta weird these days, BUT you are surrounded by an incredible community of women who are experiencing the same feelings. So, how do we work ourselves back into a place of passion, joy, purpose, and prosperity?

Girl, we hear you! You know we are always on the lookout to bring you great guest speakers, but this time Ladies327 has gathered some of the fiercest powerhouses out there to join us for a day of inspiration, motivation, shopping, swag, food, entertainment, education, music, friends & fun!!

IGNITE your passion, SPARK your joy, and set FIRE to your success in 2022 with speakers like:

- Jessica Morales Founder & CEO of JM Empowering Women and Author of Arise: Use What Broke You to Live Out Your Divine Calling
- Sheryl Mays Chief Experience Officer of Rise and Shine CF Consulting, TV Host and Author of Silencing the Chatter Monsters: Move Beyond Your Fear
- Martha Krejci Founder & CEO of Martha Krejci Company, Co-Founder & President of The Home Business School and Author of The Home Based Revolution

Enjoy breakfast, lunch, music, dancing, gifts, giveaways and a floor full of vendors hand picked just for you. Then join us for a VIP Meet N' Greet with our hosts and these international speakers, guaranteed to support to your spark.

We see you misses...and we can't wait to welcome you to *IGNITE 2022*: A Woman's Life & Business Expo. For tickets and more information, please visit www.Ladies327.org.

Jo Badger, Vice President

Mark your calendars for our 1st Ladies 327 Life & Business Expo: IGNITE May 14, 2022.

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Where are YOU From?

Of those who participated, approximately: 45% Sanford 22% Lake Mary & Debary 13% Winter Springs, Longwood, Altamonte Springs, & Apopka 12% Oviedo & Deltona 8% Orlando, Clermont, Osteen, Sorrento, Casselberry, Mt. Dora, Geneva, Deland





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There is room for EVERYONE in Ladies 327

We are proud to say that we support and are well supported by the MEN in our community. While we do have some 'Ladies only' events, we have a host of events that are for EVERYONE!

Find us & our events on Facebook Instagram @Ladies327, or on our site www.Ladies327.org



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What do Volunteers do?

Volunteers help us in everything we do!

- Take Pictures
- KidZone Support
- Make Swaq Bags
- Greeters
- Committee Members
- Parade Participants
- Handouts
- Help Setup

- Help Guests
- Pick up Donations
- Help Distribute
- Invite Members
- Share Events
- Take Payments
- Help Breakdown
- HAVE FUN!

Volunteer with us!

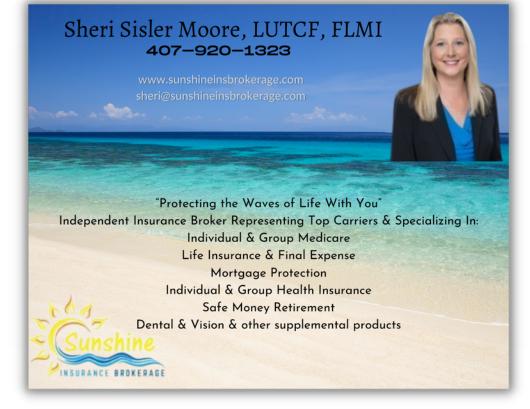
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Why does a Lady need Ladies?

There is a universal rule about humans in general. Whether introverted or extraverted, we are designed to thrive in communities. We are social by nature. We connect through commonalities & learn from differences.

Activities outside of our normal behaviors & demands are restorative for us. Men and women are designed to complement each other but women can often relate to other women on deeper levels naturally.

When we come together at our women only events, we unplug. It is one of the only times that we are not needed. The brain can stop and be in the moment. At that hour lunch, dinner, or happy hour, we are not mothering, wife-ing, working, planning, cooking, or to-doing. The extroverts are all stretching and exercising their unused social muscles. The introverts are just sitting back enjoying the view and listening to stories. The women who need to be doing something are helping with name tags, posting, pictures, etc. The huggers hug, the non-huggers wave or fist bump. All the ladies laugh and eat. Somewhere in the mix of conversation, I see women supporting each other. Mothers with similar stories help mothers feel hopeful and seen. Workaholics laugh over their common need for these down moments & the struggle that comes from putting down the work. Ladies caring for aging parents enjoy the rare moment together. Women dealing with pain get to take a life moment despite the pain. The entire room enjoys the reminder that there is more to us than our current demand. Ideas are often born, need is often identified, solutions and resources are often shared. Connections are made. The break from our daily reality becomes a game changer!

There exist so many descriptions intended to help us understand the nature of a woman. In some writings, I remember being referred to as a multiplier.

Give a woman a house key, she will create a home. Give a woman affection, she will create a family. Share your goals & dreams with a woman, she will create the space to achieve them. Another piece I read talked about the amazing benefits of having a strong, supportive female in your life. It's clear that while our purposes may be very different, they are needed. Women need moments with other women because we can feel energized from the time and are able to do great things together. Whatever style of lady you are, there is room for you at our table!

Lissette Reina, Editor

This page Sponsored by:



A peek into being a Lady...

























Come hang out with us!





<u>April</u>

- 1- River City Food Truck Festival
- 2- Longwood Concert in the Park
- 3- SNAP Sensitive Bunny
- 7- Ladies 327 Monthly Dinner
- 9- Texas Roadhouse Neighborhood Bike Run
- 10-Sanford Food Truck Festival
- 11-Women's Leadership Lunch
- 12-Ladies 327 Monthly Happy Hour
- 14-Alive After 5
- 15-You've Been Egged OCB
- 16-CFL ZOO Hippity Hop
- 23-Glorious Hands Tea Party
- 23-Sanford Ave Block Party
- 24- Thank You Heroes Ceremony HS
- 27- Ladies 327 Monthly Lunch
- 28- Safehouse Fundraiser Dinner
- 30- Bluegrass Blues & BBQ

Every Saturday River City Farmers Market

For the most up-to-date information, we encourage you to contact the source business or search the event on Facebook!

<u>May</u>

- 1- SNAP/L327 Bingo
- 4- Ladies 327 Monthly Dinner
- 5- Cinco de Mayo Event at Celery City
- 6- River City Food Truck Festival
- 7- Longwood Concert in the Park
- 8- Sanford Food Truck
- 9- Women's Leadership Lunch
- 12- Alive After 5
- 14- IGNITE Women's Expo
- 15- Celery City Craft & Vendor Market
- 17- Ladies 327 Monthly Happy Hour
- 20- Bunco Orlando City Beautiful
- 21- Volunteer & New Member All Call Hispanic Outreach Festival
- 26- Ladies 327 Monthly Lunch
- 28- Annual Hurricane Party Sanford Ave Block Party

<u>June</u>

- 2- Ladies 327 Monthly Dinner
- 3- River City Food Truck
- 4- Longwood Concert in the Park
- 12- Sanford Food Truck Fiesta
- 13- Women's Leadership Lunch
- 14- Flag Ceremony Heroes Strong
- 15- Ladies 327 Monthly Happy Hour
- 23- Ladies 327 Monthly Lunch
- 25- Bingo with G.R.O.W.

Please visit our website for updates and events: www.ladies327.org/calendar





Thank you for reading and sharing CONNECTIONS!
Watch for our next issue in July!