



# CONNECTIONS

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A Quarterly Publication of Ladies 327, Inc.



#SUPPORTLOCAL

**JULY - SEP 2023**

## About Us:

1. Encourage fellowship, camaraderie, and friendship to women who request membership and meet the membership criteria via regularly scheduled monthly activities including, but not limited to, group lunches/dinners/other functions of general interest.
2. Support and shop local small business with scheduled activities and everyday life.
3. Support and assist other 501(c)3 charitable organizations in achieving their proprietary goals through advertisement, participation, think tank activity, monetary contributions, and any other legal enterprise that may be beneficial to those entities.



Our Board of Directors are responsible for overseeing all the organization's activities.

All board members are 100% volunteer

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The logo for Ladies 327 features a stylized green leaf and a purple flower on the left, with the text "Ladies 327" in a purple, serif font to the right.

It is always a pleasure to announce the release of our newest issue of Connections, filled with inspiring partner stories, sponsors, and awesome businesses that make a difference in our community.

In this issue, we shine a spotlight on two remarkable organizations making a profound impact right here in Central Florida.

The Central Florida Community Clinic takes center stage, as we delve into their incredible efforts to promote responsible pet ownership through spaying and neutering services. By highlighting their work, we aim to raise awareness about the importance of controlling the pet population while ensuring the health and happiness of our furry companions.

Additionally, we celebrate the exceptional work of the National Ovarian Cancer organization, which has a vital presence in Central Florida. Their dedication to raising awareness, providing support, and promoting education on ovarian cancer is truly commendable. By featuring their initiatives, we hope to encourage more individuals to become advocates for women's health and join the fight against this devastating disease.

I would also like to extend a heartfelt thank you to our highlighted sponsor for this issue, Robyn Esser, proud owner of Sanford Brewing Company in Sanford, Florida. Her unwavering support and commitment to our cause exemplifies the true spirit of community and collaboration. We are truly grateful for her generosity and partnership.

So, please sit back, relax, and enjoy this issue of Connections.

Let it be a source of inspiration and a call to action.

Together, we can create a stronger, more compassionate Central Florida.



*Kim Colegrove.*

President, Ladies 327, Inc



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## Meet One of Our Non-Profit Partners



**Central Florida Community Pet Clinic** was created when covid forced the founders of Celery City Cat Café to pivot in order to fill a need in the community. At the last board meeting in December, 2020 the idea of a low cost spay/neuter clinic was brought up because one of the founders was having a difficult time finding TNR appointments (trap-neuter-return) for community cats as well as appointments for sick kittens. Within a few months of the idea, a lease was signed. We had our opening date on **May 6, 2021!**

Since our opening in 2021, we have performed over **9,000 low-cost spay and neuter surgeries**. Central Florida Community Pet Clinic adheres to the standards for Spay/Neuter Medical Care Guidelines by the Association of Shelter Veterinarians' Veterinary Task Force to Advance Spay/Neuter. Core vaccines and pain medication are included in our surgery prices.

Our walk-in wellness clinic has seen **3,000 patients** since our opening. During our wellness hours, cats and dogs can be seen for services such as vaccines, heartworm testing and heartworm/flea prevention, without an appointment. Currently our walk-in wellness hours are Tuesday through Thursday from 12:30-2:30pm.

We recommend following our Facebook page for schedule changes. Our goal is to continue to grow and be able to offer more hours and services to our community.

If you are **interested in helping** us we can always use donations of paper towels, Clorox wipes, and other items on our Amazon wish list, which can be found on our website under the "Ways to Help" tab. We are so thankful for the support we receive from the community.

Pricing for all services can also be found on our website.

[www.cflcpc.org](http://www.cflcpc.org)



Please Like & Follow Central Florida Community Pet Clinic on social media  
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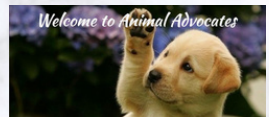
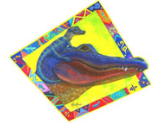
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# Non-Profit Partners



## Meet One of Our Non-Profit Partners



Hi, my name is Nikki Coppola. I am the Southeast Regional Manager for the **National Ovarian Cancer Coalition**, covering FL, GA, AL, MS, NC, and SC. I support our organizations efforts to grow the Southeast Region and Florida market, specifically Orlando where I reside.

The mission of the **NOCC** is to save lives through the prevention and cure of ovarian cancer and to improve the quality of life for survivors and their caregivers. Through national programs and local NOCC market initiatives, our goal is to educate communities and increase awareness about the symptoms of ovarian cancer. I am available to come and speak at your business, school or event. The NOCC also provides information to assist newly diagnosed patients, gives hope to survivors, and supports caregivers. Our commitment extends to the advancement of ovarian cancer research.

Our programs are possible only with the help of our staff and volunteers – committed men and women in communities nationwide who are dedicated to the mission of the **NOCC**. We encourage you to join them. Together, we can make a difference in the lives of women, families, and communities touched by ovarian cancer.

There will be a **Rejuvenate Retreat in July** at the Sanford Civic Center for 50 women with Ovarian Cancer. If you would like to be a Sponsor or provide a free service or free products to these women please let me or Kim Colegrove know.

Also, I will be holding a Florida **Together in Teal Walk on October 1 st** at Cranes Roost in Altamonte Springs, FL. I am looking for Sponsors, Partners, Corporate Teams, Individual Teams, In-Kind Donations for a Chance to Win, and volunteers day of the event and all year long.

Please contact me:

Nikki Coppola  
 Southeast Regional Manager  
 407-580-8525  
 ncoppola@ovarian.org  
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**Walk**  
SAVE THE DATE  
**October 1, 2023**



Please Like & Follow The National Ovarian Cancer Coalition on social media @NOCCSoutheast



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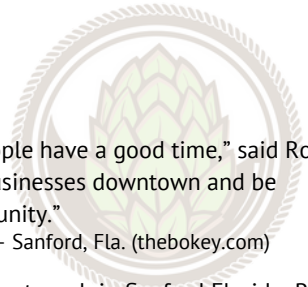
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*Highlight*



“We want to brew great beer and have a place where people have a good time,” said Robyn.  
 “We also want to be cooperative with the other businesses downtown and be an asset to the entire community.”

Sanford partners to invest \$1 million in local brewery – Sanford, Fla. (thebokey.com)

In a 2016 article highlighting the arrival of a brand new gastropub in Sanford Florida, Robyn Esser was quoted setting her and her husband, Christopher Esser’s incredible intention. **Sanford Brewing Company’s** (SBC) amazing origin story started with a couple's date to a local beer brewing class that immediately led to a first time home brew experience that ended with a fire and a melted shoe. After practicing, polishing, then mastering the brewery skills, Robyn and Christopher Esser turned their attention to sharing their craft creations with the people and chose to restore an existing building in their own community above investing in another.

Not only did Sanford Brewing Company and its owners successfully 'become an asset to the entire community' but they became one of the creators of the unique culture that is only found in Sanford, FL. by pouring into the diverse community experiences through sponsorship.

Everything SBC sponsors is about building a safe community, music & art, fur babies, and family.

Here are just a few examples from the past year...

- Sanford Jazz in the Park    Porchfest
- Pints n Paws                    Maitland Jazz & Blues
- Sanford Ave Block Party    Rhythm & Brews BBQ
- Uptown Art Expo



This short sample list makes it easy to see what causes are important to Robyn and SBC!

**Ladies 327** (L327) is fortunate and grateful to be able to celebrate SBC and Robyn Esser as a long-time Sponsor. Robyn also made the decision to play a bigger role in the daily L327 mission by serving as a board member and will celebrate her first year of service at the end of 2023. What a wonderful reason to raise our glass of Peachy Keen and eat delicious SBC wings and beer cheese pretzels!



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


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**July**

- 4- Star Spangled Sanford
- 4- Freedom Fest Gemini Springs
- 7- River City Food Trucks
- 9- Sanford Food Truck Fiesta
- 11- Texas Roadhouse Kids Night
- 27- Ladies 327 Lunch
- 29- Back to School Bash at Action Church
- 29- Rejuvenate Retreat with National Ovarian Cancer Foundation
- 30- Longwood PD's Badges, Barbers, and Burgers

**August**

- 3- Ladies 327 Dinner
- 4- River City Food Truck
- 8- Texas Roadhouse Kids Night
- 13- Sanford Food Truck Fiesta
- 15- Learning Movement Meat BINGO at Hollerbachs
- 25- EXTRAVAG8 Family Fun Festival at Seminole Town Center



**Septemeber**

- 1- River City Food Trucks
- 9- Hispanic Outreach Festival at McKibben Park
- 10- Sanford Food Truck Fiesta
- 11- Women's Leadership Lunch at Hollerbachs
- 12- Texas Roadhouse Kids Night
- 23- Sanford Avenue Block Party
- 24- Caddyshack
- 26- Chit Chat & Coffee
- 30- Library Hero Invasion

**Please visit our website for updates and events:**  
[www.ladies327.org/calendar](http://www.ladies327.org/calendar)

For the most up-to-date information, we encourage you to search the event on Facebook!

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